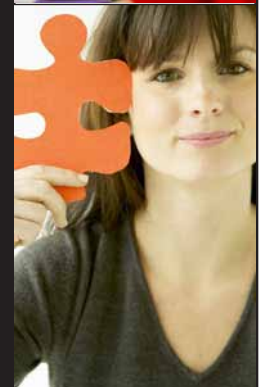
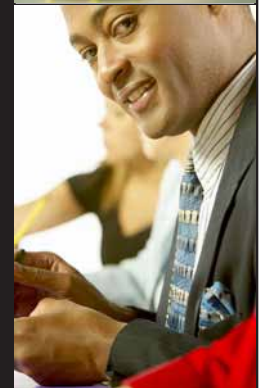


2010 Winter - Spring Workshop Schedule

• Business Skills • Sales Skills • Health and Wellness • Personal Development •

Workshops	Duration	Session Dates
Business Skills Workshops		
Body Language for Leaders	1-day	June 14/10
Coaching and Feedback for Performance	1-day	May 26/10
Creativity, Innovation and CI	1-day	June 1/10
Customer Service Excellence	1-day	May 10/10
Influence, Motivation and Persuasion	1-day	June 12/10
Interpersonal Business Communication Skills	1-day	Apr 12/10
Leadership and Teamwork	1-day	May 11/10
Managing Change Today	1-day	Apr 27/10 July 13/10
Managing Conflict Today	1-day	Apr 19/10
Managing Difficult People	1-day	May 25/10
Measuring the ROI of Training	1/2-day	June 7/10
Power Presentation Skills	2-day	June 28/10
Problem-Solving and Decision Making	1-day	July 19/10
Project Management Fundamentals	1-day	May 27/10
SMARTER Goal Setting	1-day	June 22/10
Supervisory Leadership Skills	1-day	June 23/10
Time Management Today	1-day	Apr 28/10 July 22/10
Sales Skills Workshops		
Account and Territory Management	1-day	Apr 26/10
Consultative Selling - Call Strategies	1-day	July 7/10
Integrated Executive Selling	1-day	May 21/10
Prospecting for New Business	1-day	June 17/10
Health and Wellness Workshops		
Mindfulness for Today	1-day	Apr 20/10
Stress Management Strategies	1-day	June 9/10
Wellness in the Workplace	1-day	Jun 2/10
Personal Development Workshops		
Emotional Health	1-day	June 12/10
Empowered Belief	1-day	Apr 9/10
Quantum Mind	1-day	June 25/10
Special Programs		Contact us for more details
Leadership Development Program	Training PLUS Personal Coaching	
Sales Development Program	Training PLUS Personal Coaching	
EmPowerMe Personal Development Program	Training PLUS Personal Coaching	
Motivational Speaker and Facilitator Program	Training PLUS Personal Coaching	
SEATS - Corporate Discount Program	Flexible Training Program	



Co-sponsor



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Many of our workshops are recognized by RIBO, PMI and PMAC as professional development credits.

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