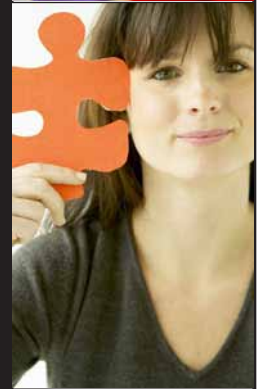


2011 Winter-Spring Workshop Schedule

• Business Skills • Sales Skills • Health and Wellness • Personal Development •

Workshops	Duration	Session Dates
Business Skills Workshops		
Body Language - Non-Verbal Communication	1-day	May 25/11
Coaching Fundamentals for Managers	1-day	May 26/11
Creativity, Brainstorming and Innovation	1-day	Mar 24/11 July 13/11
Customer Service Excellence	1-day	May 17/11
Influence, Motivation and Persuasion	1-day	May 31/11
Interpersonal Business Communication Skills	1-day	Apr 20/11 July 27/11
Leadership for Managers	1-day	Mar 29/11 June 22/11
Managing Change Today	1-day	May 11/11
Managing Conflict Today	1-day	Mar 9/11 June 15/11
Managing Difficult People	1-day	Apr 6/11 July 12/11
Negotiation Fundamentals	1-day	Mar 8/11 July 6/11
Power Presentation Skills	2-day	Apr 26/11 July 25/11
Problem-Solving and Decision Making	1-day	June 29/11
Project Management Fundamentals	1-day	Apr 12/11
SMARTER Goal Setting	1-day	May 10/11
Supervisory Leadership Skills	1-day	Mar 31/11 June 21/11
Supportive Feedback for Managing	1-day	Mar 2/11 July 30/11
Teamwork, Collaboration and Engagement	1-day	Mar 30/11 June 28/11
Time Management Today	1-day	Apr 13/11
Sales Skills Workshops		
Account and Territory Management	1-day	Mar 22/11
Consultative Selling - Call Strategies	1-day	June 2/11
Integrated Executive Selling	1-day	Apr 7/11
Prospecting for New Business	1-day	May 13/11
Health & Wellness Workshops		
Mindfulness for Today	1-day	Apr 15/11
Stress Management Strategies	1-day	May 20/11
Wellness in the Workplace	1-day	May 30/11
Emotional Health	1-day	June 25/11
Special Programs		Contact us for more details
Leadership Development Program	Training PLUS Personal Coaching	
Sales Development Program	Training PLUS Personal Coaching	
EmPowerMe Personal Development Program	Training PLUS Personal Coaching	
Motivational Speaker and Facilitator Program	Training PLUS Personal Coaching	
SEATS - Corporate Discount Program	Flexible Training Program	
REWARDS - Corporate Discount Program	Flexible Training Program	



Co-sponsor



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Many of our workshops are recognized by RIBO, PMI and PMAC as professional development credits.

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